



August 2022 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">August 1</p> 1/2c. Beef Taco Salad 1/2c. Spanish Rice 1/2c Corn Tortilla Chips 1c Lettuce & Tomato 1/2c Pineapple Delight	<p style="text-align: right;">August 2</p> 1/2c. Homestyle Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 White Bread Cookie	<p style="text-align: right;">August 3</p> 1/2c. Chicken & Gravy 1/2c Vegetable Rice Pilaf 1/2c Green Beans 1 Wheat Bread Seasonal Fresh Fruit	<p style="text-align: right;">August 4</p> Penne & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad 1 Garlic Breadstick 1/2c Mixed Fruit Salad	<p style="text-align: right;">August 5</p> Egg Omelet w/ Cheese 2 Sausage Links 1/2c Breakfast Potatoes 1 Wheat English Muffin w/ Jelly Seasonal Fresh Fruit
<p style="text-align: right;">August 8</p> Stadium Hot Dog 2oz Sauerkraut 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	<p style="text-align: right;">August 9</p> 1c. Baked Cabbage Casserole w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Birthday Cake!	<p style="text-align: right;">August 10</p> 1/2c. Warm Roast Beef & Cheddar Sandwich 1/2c. Buttered Noodles 1/2c. Corn 1 Sandwich Roll Seasonal Fresh Fruit	<p style="text-align: right;">August 11</p> Salisbury Steak w/ Gravy Baked Potato w/ Sour Cream 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin	<p style="text-align: right;">August 12</p> Fiesta Chicken Burrito Bowl (3oz Chicken Breast/1oz Salsa .5oz Cheddar Jack) 1/2c Cilantro Lime Rice 1/2c Black Beans 1/2c Mandarin Oranges
<p style="text-align: right;">August 15</p> Pineapple Glazed Ham 1/2c Sweet Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Sliced Pears	<p style="text-align: right;">August 16</p> 1/2c. Fresh Egg Salad Sandwich Lettuce & Tomato 1/2c Macaroni Salad 1/2c Beets 2 Wheat Bread 1/2c. Cinnamon Applesauce	<p style="text-align: right;">August 17</p> 1/2c. Roasted Pulled Turkey w/ Gravy 1/2 Mashed Potatoes 1/2c Corn 1 Wheat Bread Cookie	<p style="text-align: right;">August 18</p> Bagged Lunch (Bingo Day) Italian Sandwich, Ham, Salami & Provolone Lettuce & Tomato Coleslaw Pasta Salad Fruit, Lemonade	<p style="text-align: right;">August 19</p> Roasted Pork w/ Apples 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Mini Biscuit w/ Apple Butter Seasonal Fresh Fruit
<p style="text-align: right;">August 22</p> 1/2c. BBQ Chicken Strips 1/2c Vegetable Rice Pilaf 1/2c Corn 1/2c Sliced Apples 1 Cookie	<p style="text-align: right;">August 23</p> Meatball Hoagie (4) 1/2c Parmesan Noodles 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	<p style="text-align: right;">August 24</p> 1c. Stuffed Pepper Casserole 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots 1 White Bread Fresh Fruit	<p style="text-align: right;">August 25</p> Chef Salad 1c Mixed Greens w/ Ham, Tomato, Cheddar, 1/2 Egg 1/2c Three Bean Salad 1 Dinner Roll 1/2c Warm Peach Crumble	<p style="text-align: right;">August 26</p> 1/2c. Smothered Roast Beef 1/2c Scalloped Potatoes 1/2c Peas & Onions 1 White Bread 1/2c Mandarin Oranges
<p style="text-align: right;">August 29</p> Baked Meatloaf w/ Gravy 1/2c Ranch Potatoes 1/2c Beets 1 White Bread Seasonal Fresh Fruit	<p style="text-align: right;">August 30</p> 1/2c. Sweet & Sour Chicken w/ 2oz Sauce 1/2c White Rice 1/2c Green Beans 1 Wheat Bread 1/2c Mixed Fruit	<p style="text-align: right;">August 31</p> Glazed Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1/2c Pudding		

